



To whom it may concern,

Hopeful Horizons is a children's advocacy, domestic violence and rape crisis center serving Beaufort, Jasper, Colleton, Hampton and Allendale counties. Hopeful Horizons provides services to individuals and families impacted by child abuse, domestic violence and/or sexual assault as well as providing professional trainings, community education and prevention programs.

**Trainings for Everyone:**

- An overview of Hopeful Horizons and the services it provides to the community.
- Domestic Violence and the warning signs.
- Sexual Assault and understanding why it often goes unreported.
- Identifying Child Abuse and understanding the warning signs.
- How trauma affects the human brain.
- Healthy Relationships: What is a healthy relationship? Do you have a healthy relationship?
- Dating Violence. Understanding what it is and the warning signs.

**Training for Students:**

*MOST & WISE Clubs* – The Men of Strength Club (MOST) & Women Inspiring Strength & Empowerment Club (WISE). They both are evidence-based models of structured support for youth in grades 6-12. As primary violence prevention programs provided to young men & women, they learn about healthy masculinity/femininity while redefining what it means to be a strong man/woman. The curricula are designed to foster self-esteem, enhance positive connection with peers and adults in their community, build leadership skills, and allow for genuine self-expression through sharing activities that encourage participants to look within and become their best selves.

*Girls Circle/Council for Boys & Young Men* - Girls Circle addresses conditions and risks and builds on protective factors, for ages 9-18. The Council for Boys and Young Men promotes a healthy passage through pre-teen and adolescent years, for ages 9-18. This program serves as another great tool for positive peer-to-peer learning for youth.

*One-time presentations* – We can offer one-time presentations on topics such as healthy relationships, sexual harassment & understanding consent, bystander intervention, bullying, boundaries, anger management, etc.

*Erin's Law* – We are an approved agency to provide Erin's Law training to students. All of our trainings and programs are evidenced-based and has been approved by the SC Department of Education as appropriate training programs for K-12 schools in South Carolina. <https://ed.sc.gov/instruction/standards-learning/health-education/health-and-physical-education-support-documents-and-resources/south-carolina-sexual-assault-domestic-violence-and-child-advocacy-center-programs/>

**Trainings for Parents:**

*Parent Cafes/Dad Cafes*. - Parent Café is a program where parents/caregivers talk about and explore the challenges and victories of raising a family. Cafes are structured conversations that rely on participant's knowledge and strength to guide the discussion. Dad Cafes are similar in structure but focus on topics related to fatherhood and are designed for males. As trained facilitators, we help guide conversations and offer the opportunity for parents & guardians to explore their own wisdom and learn from each other.

We can offer a number of *One-Time Presentations* on the same topics discussed with students, as well as a variety of other topics including things such as Tech Safety for Parents & Kids, The Culture of Violence, Engaging Men & Boys in Prevention, etc. We are flexible with our topics of presentations.

*Darkness to Light's trainings* – training topics include: Talking With Children about Safety from Sexual Abuse, Healthy Touch for Children & Youth, & Bystander Protecting Children from Boundary Violations.

*Strengthening Families Program/Healthy Families* - SFP is a resiliency-based family skills training program. Parents and children get the opportunity to practice together new skills learned in their separate groups such as parent/child bonding, communication, family organization, family management and problem solving. Additionally, we can offer specific trainings that focus on supporting and facilitating discussions on healthy families (separate from the SFP program).

### **Training for Teachers & Staff:**

*Darkness to Light's Stewards of Children Training.* This training is provided to professionals who work with youth so that they may be better able to recognize and respond to children who may have been sexually harmed. Subject matter include: Talking With Children about Safety from Sexual Abuse, Healthy Touch for Children & Youth, Bystander Protecting Children from Boundary Violations, & Mandated Reporting. Stewards of Children is an internationally recognized training that we are certified to facilitate with school systems, churches, or any other youth serving organizations.

We can offer a number of *one-time presentations* on topics discussed with students, as well as a variety of other topics including (but not limited to) things such as:

- Tech Safety for Parents & Kids.
- The Culture of Violence and how it affects your thinking.
- Engaging Men & Boys in Prevention.
- Commercial Sexual Exploitation of Youth.
- The “Adultification” of Black Girls.
- Hopeful Horizons Services (counseling, therapy, etc.)
- Sexual Assault &/or Domestic Violence & it's effect on Children.

### **Services Offered to the Community:**

Hopeful Horizons offer a variety of free services to anyone in the community who is currently, or have ever experienced child abuse, domestic violence, and/or sexual violence.

- 24-hour support line
- Evidence-Based Counseling/Therapy
- Shelter
- Advocacy & Support
- Legal Services
- Hospital Accompaniment
- Survivor Support Groups
- Transitional Housing
- Case Management

To schedule one of these free presentations, please contact:

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